

Entry Details

Title	
First Name	
Last Name	
Male	
Female	
House No	
Street	
Town	
County	
Country	
Postcode	
Tel	
Email	
Age on 31/12/09	
BTA No :	
Club	
Relay Team	
Name	
Swimmer :	
Cyclist :	
Runner	

Carmarthenshire C.C Empl Y/N

Entry Fee please circle one
 Individual W/BTA member **£27**
 Individual Non member **£29**
 Relay Team of 3 people **£40**

Cheques Payable to :
Clwb Triathlon LLanelli

Disclaimer
 I declare I will abide by the rules of the British Triathlon Association and accept that the BTA and its agents, the event organisers and their associates are not liable for any loss, damage, claim or expense which may arise as a consequence of my participation in the event.. I will cycle with care and attention and abide by the Highway Code. I am in good health and compete at my own risk.

Sign _____

Date _____



Llanelli Waterside Sprint Triathlon

July 19th 2009

Organised By

Clwb Triathlon Llanelli

Sanctioned by the British Triathlon Association

EVENT DETAILS

Cash Prize Fund / Momentos to all Finishers
 Changing Facilities, Toilets, Refreshments

COURSE DETAILS

Swim 500m (Open water. Suitable for first time open water swimmers.)
Cycle 17miles (**Non Drafting** Fast course)
Run 5Km (2 Laps along promenade of Millennium Coastal Park)

TROPHY CATEGORIES for 1st, 2nd and 3rd Male & Female

Seniors, Veterans (+40), SuperVets (+50), Vintage Vets (+60), Youth,
 Juniors Carmarthenshire Resident Champion, Relay Team, CCC Relay Team

ONLINE ENTRY @ www.llanellitriathlon.org.uk

Entry Form available in large print and in Welsh if required.

Return Entry form with appropriate payment to :

14 Ffordd Y Glowyr, Betws, Rhydaman SA18 2FG

All Race Details available online at www.llanellitriathlon.org.uk

If you would like details posted out then include a 9"X6" SAE

RACE CHARITY IS

