

# CLWB TRIATHLON LLANELLI RULES AND CONSTITUTION



## **OBJECT**

1. The object of the Club is to promote and encourage the sport of triathlon through:

a) providing a safe environment in which people can meet to train for and compete in triathlons and duathlons irrespective of age, ability and sex, by organising regular training sessions in all three disciplines, and competitions;

b) maintaining a club register whereby members can contact training companions;

c) providing access to specialist advice in all aspect of the sport;

d) developing membership of the Club, and

e) organising social events to benefit the Club and encourage an atmosphere in which people of similar ideals and interests can meet to discuss any aspect of the sport.

## **MEMBERSHIP**

2. Anyone interested in swimming, cycling, running, triathlon, duathlon or aquathlon shall be eligible for membership.

3. Members shall be admitted at the discretion of the Committee.

4. Full members shall be entitled to attend all Club meetings, training sessions and social events, to receive the Club newsletter and to:

a) vote at the Annual General Meeting (AGM),

b) apply through the Club Secretary for WTA/BTA membership at a concessionary rate, and

c) compete in the Club's annual championships.

5. Associate members, being those who do not intend to compete in the Club's name, are entitled to attend Club meetings, training sessions and social events, and to receive the Club newsletter, but are not eligible for further benefits of full membership as set out in paragraph 4 a), b), c) and d) above.

6. The committee reserves the right to expel any member acting, in it's opinion, in a manner prejudicial to the interests of the Club.

## **ANNUAL SUBSCRIPTIONS**

7. The amount of the annual subscriptions for each class of membership shall be decided by the Club at the AGM and shall become payable on admission, and by January 31<sup>st</sup> each year.

8. When a member joins the Club after July 1<sup>st</sup> the subscription payable for that year shall be half the annual rate.

9. No member shall, in any year, be entitled to exercise any rights or privileges of membership until his or her subscription for that year has been paid.

## **OFFICERS OF THE CLUB**

10. The Officers of the Club shall be Chair, Secretary, Treasurer, Membership Secretary, Press/PR Officer, Junior Co-ordinator and Head Coach. The Officers shall be elected at the AGM each year to hold office until the conclusion of the next AGM. The retiring Officers shall be eligible for re-election.

## **THE COMMITTEE**

11. The Committee shall consist of the Officers of the Club.

12. The Committee shall manage all the affairs of the Club according to the Rules and Constitution and shall apply the funds of the Club to the Objects of the Club.

13. The Committee shall make such by-laws and regulations as they think fit. These shall be subject to ratification at the next AGM.

14. The Committee shall be convened by the Chair not less than twice a year. The Chair shall exercise a casting vote, if necessary.

## **HONORARY AUDITOR**

15. At each AGM a member who is not a member of the Committee shall be appointed as Honorary Auditor. The duty of the Honorary Auditor is to audit the accounts of the Club for the following year and to report to the next AGM.

## **MEETINGS**

16. Club meetings will be held at least once a month at a venue to be decided from time to time.

17. The Club shall hold an Annual General Meeting (AGM). Notice of the date of the AGM shall be sent to members at least twenty-eight days before the AGM. The notice shall include:

a) details of existing Officers willing to stand for re-election,

b) details of nominations for positions of Officers of the Club,

c) a reminder of the members' rights to move propositions, and

d) details of business to be transacted.

18. The Committee may, on giving fourteen days notice, call an Extraordinary General Meeting (EGM) of the Club for any specific business, the nature of which shall be stated on the summons convening the meeting. The meeting shall be empowered to decide matters relating to and arising out of the stated business.

19. The Committee shall also convene an EGM of the Club upon the written request of not fewer than ten full members. The meeting shall be held within twenty-eight days of the request being received by the Secretary. The request shall state the business to be transacted.

### **NOTICE**

20. Notice of any additions or amendments to the Rules and Constitution intended to be proposed by a member of the Club, and nominations for the posts of Officers of the Club, shall be seconded and given to the Secretary in writing at least one week before an AGM or EGM. The Committee may waive this requirement at their discretion.

### **VOTING AT GENERAL MEETINGS**

21. All proposed additions or amendments to the Rules and Constitution, and nominations for the posts of Officers of the Club, together with any other propositions put forward by members, shall be put to the vote of the meeting. Provided that, on a show of hands or, if demanded, a poll, a majority of the votes of those members present and voting is cast in favour of that proposition or nomination then it shall be deemed carried. Minor changes to proposals for additions or amendments to the Rules and Constitution may be introduced at General Meetings, so long as the spirit of the proposal is not substantially changed.

### **SAFETY**

22. All reasonable steps will be taken to ensure the safety of Club members while training and racing. Subject to any relevant provision in law, and to the terms of BTA insurance for those who are WTA/ BTA members, the Club accepts no liability for the ill-health or injury of its members whilst racing or training.

23. Helmets of a design approved by the BTA are compulsory on Club cycle rides. Members who do not own a helmet are exempt from this rule although, as helmets are compulsory when competing, it would not be acceptable to use this exemption indefinitely.

### **GENERAL**

24. The Club will affiliate annually to the British Triathlon Association (BTA) and the Welsh Triathlon Association (WTA).

## **CLUB CHAMPIONSHIPS**

25. The Regional/National Championships for triathlon, sprint triathlon, duathlon and aquathlon shall be designated as the Club Championships for relevant age groups unless an alternative is agreed at a General Meeting. Awards will normally be made to males and females in the following categories (using BTA rules to determine an individual's category):

- a) TriStar Start (8)
- b) TriStar 1 (9/10)
- c) TriStar 2 (11/12)
- d) TriStar 3 (13/14)
- e) Youth (15/16)
- f) Junior 1 (17/18)
- g) Junior 2 (19/20)
- h) Male/Female (O21)

However, the Committee reserves the right to increase or reduce the number of age group awards according to the numbers participating. Subject to demand, race(s) complying with BTA rules will be designated at the Club's Junior championships for members aged 16 and under.

## **PROFITS**

26. Any profits made by the Club shall be used for the benefit of its members in accordance with the Rules and Constitution. No distribution of profits to the members shall take place other than in accordance with paragraph 27.

## **DISSOLUTION OF THE CLUB**

27. If the Club shall cease to exist, or is wound up, then its assets shall be realised and its liabilities discharged in such a manner as the Committee shall direct. Any surplus funds shall be divisible amongst the members on a pro-rata basis which is related to the current year's subscription paid by the various classes of membership.

28. In the event of the realised assets being insufficient to meet the debts the difference shall be realised by a levy on the members on the pro-rata basis described in Paragraph 26.

## **SIGNED**

Club Chairman \_\_\_\_\_ Date \_\_\_\_\_

Print Name Noelwyn Daniel

Club Treasurer \_\_\_\_\_ Date \_\_\_\_\_

Print Name Dylan Saer